# the gold standards framework

#### **Overview**

The White House Nursing Home is a CQC "Outstanding" rated small, independent family-run home specialising in general nursing, palliative and specialist care. The home has been GSF accredited and re-accredited, gaining Platinum status for their excellent end of life care, which signifies the strong ethos of dignity, choice, and control in the care it provides.





## **End of Life Care**

Since 2016, The White House has been following the gold standards set by the GSF End of Life Care Programme. The impact of GSF is everywhere in the home and has fundamentally changed the way residents are cared for at the end of life, with Advance Care Planning being the integral part of their provision. Staff have confidence in actively seeking and facilitating the resident's choices in living and how they wish to die.

# **On-going Learning**

The team at The White House constantly develop their skills and have a strong association with Princess Alice Hospice,

## Future End of Life Care

The GSF programme continues to underpin and scaffold the home's end of life care provision and the home looks forward to continuing its affiliation with GSF to ensure that the end of life provision continues to be at the highest level and always person-centred. The home actively seeks feedback from families and friends regarding their loved ones' end of life care and the feedback received reflects competency in the care that is provided. Through their affiliation with GSF, the local community and hospitals are confident in referring end of life residents to their care as they continue to manage complex care with their clinical experience and compassionate care.



#### Pandemic

During Covid 19 the focus on family support, regular communication, and facilitating of contact between families and residents enabled The White House to ensure that family could spend time safely with their loved ones during the last days of their life. Online Church services and holy communions as per residents' wishes are some of the examples utilised to ensure that compassionate and choice driven care was carried out throughout the pandemic.



through which regular training and support is provided. Staff GSF Reflection Meetings are a regular part of their ongoing development in end of life care provision.



# Sustainability

The process of GSF accreditation has given the staff the tools, competency and confidence they need to continue to provide 'gold standard' end of life care. The White House has achieved their third Platinum re-accreditation in September 2023, following their initial accreditation in 2016 and subsequent Platinum re-accreditation in 2019, where they were also shortlisted as a gave us when Dad was passing away was the final chapter in the huge care given to our family. We thank The White House for having been with us on this journey.

#### Relative

After introducing the guidelines and principles inspired by the GSF programme, the home has further innovated their support to residents' families by way introducing 'Evening of Reflection' events, where former residents' families can come together and share memories and experiences of their loved ones' final journey at The White House.

> Through incorporation of the GSF programme we get huge satisfaction from knowing that we have followed the residents advance wishes, abided by guidelines, followed protocols, supported families and supported staff where required

My choices and dignity are always respected here with humour and good care. I am perfectly happy here

Resident





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