



## Best care for your most vulnerable patients Doing the DES well in your practice Using the New GSF Silver Course for End of Life Care

*A two day course with support and homework between workshops to enable your practice team to care better for the most vulnerable patients in the final years of life and make the best of the Avoiding Unplanned Admissions DES. Open for GPs and all practice team members, this course includes useful interactive teaching, practical tools, resources and simple measures ensuring real improvements in care.*

### If you require support with:-

- Fulfilling the AUA DES 2014/15
- Complying with GMC Guidance on end of life care
- Identifying the right patients early for the register
- Having face to face advance care planning discussions with patients
- Reducing hospital admissions and deaths (e.g. maximising the DES)
- improving communication and support for care homes in and out of hours



*With the new AUS  
DES are you ....  
“hitting the target  
but missing the  
point?”*

....then the GSF Silver Training Programme is for you!



## Avoiding Unplanned Admissions DES

### DES requirement

1. Access-communication
2. Register- early identification of 2% vulnerable patients
3. Care Planning forms to complete
4. Reducing hospitalisation
5. Collaborating with care homes
6. Others

### How GSF helps:

1. **Prioritise patients** on register accessing more proactive care
2. **Early identification** of 1-2% near the end of life on GSF/QOF register (red amber green blue coding )
3. **Advance care Planning** discussions face-to-face for all on register
4. **Reduce hospitalisation**, more proactive care, preferred place of care discussed, increasing home deaths
5. **Helps effective collaboration** and with care homes, use of coding etc
6. **Others**—team-working +other benefits!

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GSF Going for Gold is the best way to achieve the DES in a way that enables and embeds good practice long term”

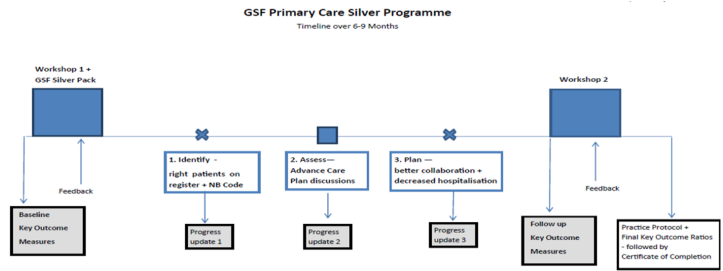
Dr Pete Nightingale  
GP Lancaster  
and RCGP  
EOLC Lead

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GSF in Primary Care

The GSF 'Silver' Primary Care Training Course

*"The College is pleased to support GSF, as a major component of the RCGP End of Life Care Strategy. GSF provides a standard against which we can measure our practice and a means to further improve it."*  
 Professor Nigel Mathers, Vice Chair, RCGP



Why use GSF 'Silver' Primary Care Training Course to reduce hospital admissions ?

The Silver GSF Training Course is designed to move practices on as a team from foundation level QOF GSF by offering this next stage Silver programme. This involves two half day interactive educational workshops with homework, resources including an Advance Care Planning discussions DVD and support in between. Those that wish to can then progress to the Going for Gold practice based programme (at a reduced cost) and Accreditation and receipt of the GSF RCGP Quality Hallmark Award.



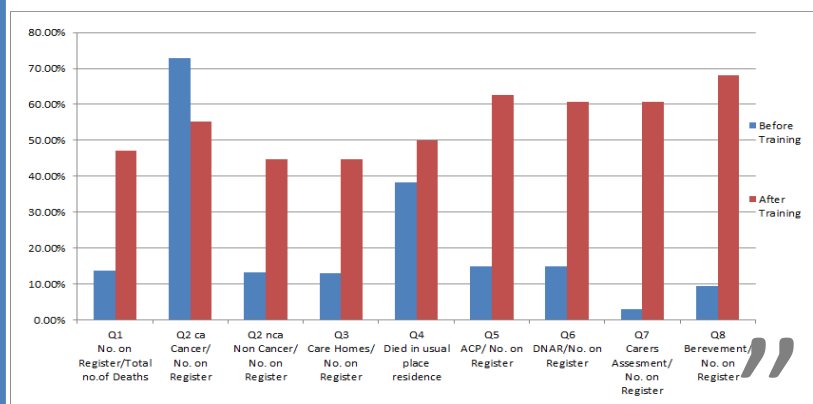
What will the Silver programme provide you with?

- Improve care for your most vulnerable patients nearing the end of life
- Reducing hospital admissions and deaths +best implementation of the AUA DES
- Focus on enabling quality EOLC for nurses, practice managers and other team members
- Increasing numbers dying at home
- Guidance on use of Prognostic Indicator Guidance (PIG), Advance Care Planning supportive care templates and other resources
- Guidance on collaborating with care homes and action plans
- Measurements showing improvements in key outcomes

GSF in Primary Care

- **Gold** - GSF Going for Gold distance learning programme used by hundreds of practices, many leading to accreditation and the GSF RCGP Quality Hallmark Award
- **Silver** - 6 month 2 workshop course
- **Bronze** - one-off GSF in a day awareness raising building on basic use of GSF in QOF since 2004

Outcome measures from GSF Accredited Practices 2013 following GSF Going for Gold programme



The Royal College of GPs endorses GSF Going for Gold Practice Accreditation and Quality Recognition with the Quality Hallmark Award and process



What Next ?

Do contact us for further information  
 Email: [primarycare@gsfcentre.co.uk](mailto:primarycare@gsfcentre.co.uk) • Tel: 01743 291 891 • [www.goldstandardsframework.org.uk](http://www.goldstandardsframework.org.uk)