



Avoiding Unplanned Admissions

Achieve the DES with GSF

General
Medical
Council

One day workshops leading to best implementation of the new DES to support your most vulnerable patients nearing the end of life.

September 12th Leeds, October 16th London 10am-4.30pm

Cost £195 + reduction for second team member

Supported by and including guidance from the GMC and RCGP

The new Direct Enhanced Service is focused on avoiding unplanned admissions for the 2% of your most vulnerable patients. These include those nearing the end of life who you may already be including on your QOF GSF/supportive care register. But the new DES requires you to initiate new ways to ensure they receive proactive care to reduce the chance of crises and admissions, which builds perfectly into the Next Stage of GSF—Going for Gold.

This one day intense workshop will demonstrate ways of improving care for your most vulnerable patients to make the most of the DES whilst providing top quality care - best care for your sickest patients.



"Doing GSF Going for Gold and the DES can go hand in hand—Going for Gold ensures radical transformation of care for people in the last years of life and the DES ensures payment for attaining the targets. It's a win-win. I strongly recommend that practices do GSF Going for Gold – it works."

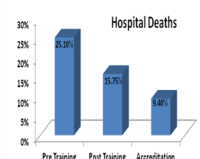
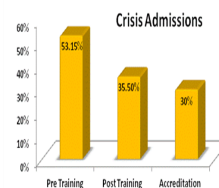
Pete Nightingale, GP, RCGP End of Life Care Lead

GSF will help you meet your DES requirements

This step by step approach will embed real improvements in the care for your most vulnerable patients, helping you achieve the DES targets by:-

- Identifying vulnerable patients early
- Recording advance care planning discussions
- Improving collaboration with care homes
- Avoiding unplanned admissions

This is a great opportunity to improve end of life care in your practice, supporting you to achieve the DES.



Halving hospital admissions and deaths after

The GSF Care Homes Programme

thebmj awards

The GSF Going for Gold Programme was a finalist at the 2014 BMJ Awards



Delivering best care for your patients most in need- using GSF Principles of 'Identify, Assess, Plan' to help you achieve your DES and improve care for vulnerable patients

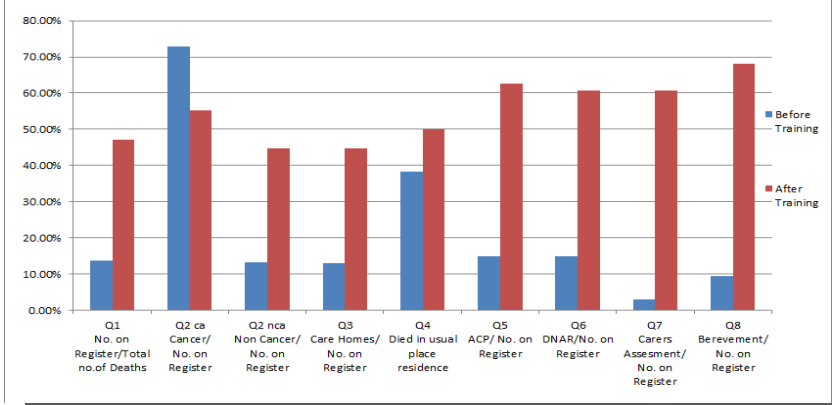
GSF can help you with the BMA Step-by-step guide

- Establish the case management register
- Inform patients + put care plans in place
- Offer a bypass number + same day access
- Contact patient following discharge
- Review care home emergency admissions and A&E attendances
- Review register unplanned admissions

“Doing GSF Going for Gold and accreditation has changed how we care for people approaching the end of their life unrecognisably... its been a real culture change for us and we could not now go back”

Dr Karen Chumbley, GP NE Essex GSF

Findings from GSF Accredited practices 2012 endorsed by RCGP, showing increased identification, advance care planning, reduced hospital admissions etc.

What the workshop will include -guidance, teaching and practical examples to help you:

- ◆ **Identify**—early preparation
 - ◆ Identifying 2% of the population patients for your register and use of PIG, PIGLET and e-PIG tools
 - ◆ Using GSF needs based coding—the 'blue' category and effective multidisciplinary team meetings
- ◆ **Assess**—better listening
 - ◆ Advance Care Planning discussions to seek patients' wishes and preferences - 'Thinking Ahead',
 - ◆ Informing patients and communicate these wishes to others involved in care eg locality register or EPaCCS,
- ◆ **Plan**-to reduce crises
 - ◆ Fast tracking patients and carers for same day response within the practice, central contact to 24/7 support to reduce emergency/111 calls,
 - ◆ Collaborate well with care homes to reduce emergency admissions through proactive planning and better working together. Examples of significant results in reducing unplanned admissions for residents.

The Full GSF Going for Gold Training—If you wish to progress to the full practice-based Going for Gold programme for use with your whole team, (leading to GSF RCGP Accreditation) there is a special reduction of £100 for those attending the workshop and registering for the programme —packs can be pre-ordered for collection on the day.

