

## Check List of contents for 'Just in Case Boxes'

This is a potential checklist of 'Just in case Box' contents used for anticipatory prescribing in the dying phase.

- 1. Information label for the 'Just in case Box' stating:
  - a. Patient name
  - b. Date of supply of the 'Just in Case Box'
  - c. Earliest expiry date of the medicines contained within the box
- 2. Local authorisation document to administer medications
- 3. Prescribing algorithms for the dying phase
- 4. Information leaflet for patients and carers
- 5. Contact details for specialist palliative care
- 6. Syringes 2ml
- 7. Needles for drawing up medications from the ampoules
- 8. Needles for sc injection
- 9. Medications to include:
  - a. SC medication for pain
  - b. SC medication for nausea and vomiting
  - c. SC medication for terminal restlessness and agitation
  - d. SC medication for moist secretions
- 10. Additional medication could include:
  - a. Rectal diazepam for possible seizure or marked anxiety