## Abstract for EAPC 2017 Madrid – Use of GSF in Hospitals

NOTE More details of this study awaiting publication / acceptance as conference abstract available on request. Please contact the authors at the GSF Centre

Title: Delivering proactive person-centred end of life care in hospitals - - findings from the first hospitals using GSF.

## Thomas K Clifford C Armstrong Wilson J National GSF Centre, University of Birmingham

## **Background**

Inadequate End of Life care in UK hospitals has received much recent attention and is recognised as a key area for improvement. Almost 50% people die in in hospital and there is little proactive care for the 30% hospital patients in their last year of life.

Gold Standards Framework (GSF) is a quality improvement programme delivering proactive personalised care for people in the last years of life in all settings. The GSF Hospital programme was modified in 2008 from the well-established GSF Community programmes.

#### Aim

To report the introduction and impact of the first phases of the GSF Acute Hospitals Programme, with findings from the first 8 accredited wards.

### Method:

The structured 2 year GSF Hospital training programme enables teams to **identify** patients earlier, **assess** needs and **plan** care aligned to preferences. The GSF programme includes training, tools, measures and support plus intrinsic independent evaluation.

## **Results:**

Evaluation indicates staff are able to identify EOLC patients earlier, offer advance care planning (ACP) discussions and reduce hospitalisation, enabling more to live and die where they choose.

# **Conclusions:**

Early findings from the first 8 hospital wards using GSF show significant changes, with proactive, better- coordinated, person-centred care. More work is needed to develop and embed this further.