#### The National GSF Centre in End of Life Care

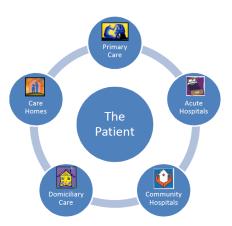
We have run quality improvement training programmes since 2000 and validated accreditation in many settings, leading to the GSF Quality Hallmark Award. Training is delivered through workshops, distance learning, the GSF Virtual Learning Zone or from the GSF Regional Centres, with intrinsic evaluations assessing progress against national standards. GSF meets all national standards: NICE, DH, RCGP, QIPP, CQUINS, Skills for Care etc.

GSF accredited care homes are recognised by CQC as models of best practice.

GSF provides:		
Quality	Quality	Quality
Improvement	Assurance	Recognition

#### **Integrated Cross Boundary Care**

Added together, GSF programmes used in different settings can help improve integrated cross boundary care between different providers. See the GSF cross boundary care (XBC) programme 'Joining up the dots'.



GSF - Providing the right care for the right person, in the right place, at the right time....every time.

# What is the *impact* of GSF?

GSF leads to better ...

# **Quality of care**

Improvements in staff skills and confidence leading to a better experience of care for patients.

"GSF has made my work simpler, drawn me closer to residents and relatives and given me confidence in discussing end of life care."

Care Home GSF Lead Nurse

#### **Coordination of care**

Better communication, coordination and integrated cross boundary care.

"GSF has provided a common vocabulary between hospitals and the community."

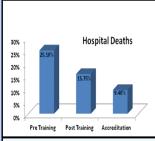
Dr Karen Groves, Southport Hospital

## **Outcomes for patients**

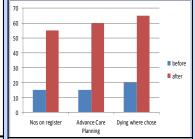
Enabling more to live and die where they choose, reducing hospitalisation and cost.

"GSF is one of the most significant developments in end of life care since Dame Cicely Saunders founded the hospice movement." Penny Handsford, Nursing Director, St. Christopher's Hospice

#### **Outcome measures**



GSF Accredited Care Homes (2009-11) – reduced hospital admissions and deaths and increased home deaths



GSF Accredited GP practices(2013)

—more on register, more ACP,
more dying where they chose, half
hospital admissions and deaths

# the gold standards framework

The leading UK provider of training and accreditation in end of life care for generalist frontline staff



'Enabling a gold standard of care for all people nearing the end of life'

The National

Gold Standards Framework

Centre in End of Life Care

www.goldstandardsframework.org.uk
Email info@gsfcentre.co.uk
Tel 01743 291890

### **GSF** in Primary Care

Whv? The leading quality improvement programme for GP practices building on GSF QOF, leading to next stage Going for Gold and GSF accreditation endorsed by RCGP.

How? Practice based learning programme - 6 one hour modules over 6 months plus the popular 'GSF-in-aday' workshops. Individual practices or in groups.

What GSF Improves Better quality proactive care, earlier recognition, better coordination in line with patients' wishes, reduced hospitalisation, more living and dying well.

"GSF has become part of the fabric of improving end of life care in this country and has made a real difference for thousands of patients and their families."

> **Prof Sir Mike Richards DH National Director** End of Life Care

#### **GSF IT Solutions**

Making it easy to do the right thing.

GSF IT Solutions can enhance clinical care by earlier alerting of patients nearing the end of life, ensuring better populating of GP's GSF/palliative care register, prompting key actions and better cross-boundary communication + locality registers/EPaCCS.



#### **Commissioning End of Life Care.**

EOLC is important in at least five areas of commissioning

Long term conditions Out of hospital care

End of Life care

Elderly frail

People with Dementia

### **GSF in Care Homes**

Why? The leading quality improvement programme in the UK, with over 2,300 care homes trained (almost 50% of nursing homes) a sustainable programme and well recognised GSF Accreditation Quality Hallmark Award.

How? A full programme of six workshops over 9 months in your area, plus DVD / VLZ or blended scheme for home-based learning. A new Foundation level is also available.

What GSF Improves Better quality of care, proactive planning, working with GPs, staff morale, more advance care planning and reduced (usually halved) hospital deaths.

"It has been life changing for us, improving all aspects of care, not just towards the end of life."



Manager of a GSF Care Home

**GSF and HOSPICES – There are 8 GSF Regional Centres** in the UK running programmes in their communities and several are hospices. Some hospices are GSF Accredited and we are working with them to develop a new GSF Hospice **Support Programme.** Contact the GSF Centre for details.

#### **GSF Dementia Care**

How?

Four distance learning modules on a Virtual Learning Zone with evaluation and University credit options

What GSF improves? Confidence and awareness, pain management, advance care planning and reduces hospitalisation for people with dementia.

"The GSF Dementia Care Training Programme will help ensure that people with dementia are given the best possible care at end of life."

Professor Alistair Burns DH National Clinical Lead for Dementia



## **GSF** in Acute Hospitals

Why Over 54% of deaths occur in hospital, yet half could have died at home (NAO Report 2009). There is a need for culture change and more compassionate care in hospitals (Francis Report, LCP Review 2013).

How? Two year step-by-step programme with resources, training workshops, support, coaching and evaluation, leading to Foundation level and Accreditation.

**What GSF Improves** Earlier recognition of patients, inclusion on registers, asking about needs and preferences, improving communication with GPs, reduced hospital stay and death rates leading to more dying where they choose.

"GSF is well thought through, patient focussed and joined up. People can see that the difference GSF is making is quite transformational."



Mike Connolly, Palliative Care Nurse

#### **GSF** in Community Hospitals

As with Acute hospitals but adapted for community hospitals, leading to better quality care and cross boundary communication.



#### **GSF** in Domiciliary Care

Well trained domiciliary care workers can support people to live longer at home.

How? Fully resourced on Virtual Learning Zone for groups of carers. Trainers cascade and evaluate.

"Domiciliary carers who have completed the GSFDC programme have grown in confidence, now working in partnership with district nurses."

> Gillian Moncaster Manchester City Council.

