



# Primary Care

## Next Stage GSF Primary Care 'Going for Gold'

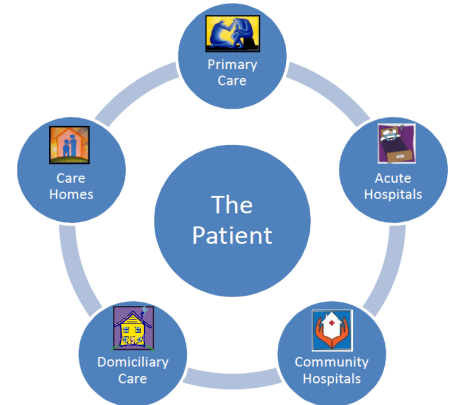
The new GSF Quality Improvement Training Programme, building on QOF Foundation Level GSF to support the NHS End of Life Care Strategy and 'Find the 1% campaign'

### You know the basics of GSF, but there's more... now this is the Next Stage!

The Gold Standards Framework (GSF) for Primary Care is a well used evidence based systematic approach to improving the quality and organisation of care for all people nearing the end of life.

Although over 95% of UK GP practices adopt the basic principles of GSF at Foundation Level to meet their QOF targets, there is evidence that most are not using it to its full potential to help deliver best possible care for all appropriate patients in the final year of life. With the developments in policy in End of Life Care, growing use of GSF in care homes and other settings, more Locality Registers and the QIPP 'Find the 1% campaign', there is a need to build on the good work of many practices even further; not just Foundation Level GSF, but to 'go for gold'. As we face increasing numbers of deaths from 2012, more with long-term conditions and radical demographic changes, there has never been a more important time to improve the primary care provision of end of life care for all patients

**The NEW Going for Gold GSF Training Programme will help you do this!**



*"Every organisation involved in providing end of life care will be expected to adopt a co-ordination process, such as the GSF"*

*Department of Health End of Life Care Strategy 2008*

*"GSF presents the vision but also the practical tools and resources to make it happen. Doing 'GSF Going for Gold' with our practices has been like the difference between the Premier League and League Division Three"*

*Peter Nightingale, GP Facilitator*

### GSF aims to help you improve the ...

- **Quality** of care provided in alignment with preferences
- **Coordination** and collaboration of care across boundaries
- **Cost effectiveness** by reducing hospitalisation, enabling more to live and die at home

It helps you do this by improving earlier identification of people nearing the end of life, having and recording those crucial conversations or 'Advance Care Planning discussions' and enabling better coordination and team working leading to top quality care in alignment with the wishes of patients and their families.

**"GSF in Primary Care has become part of the fabric of improving end of life care in this country, and has already made a real difference for thousands of patients and their families. But there is still a way to go, and I welcome this new drive towards greater and deeper use of GSF, and renewed efforts towards excellence in the Going for Gold programme"**

*Prof Mike Richards Department of Health, National Director End of Life Care*

**"The College is pleased to support GSF, as a major component of the RCGP End of Life Care Strategy. It is clear that end of life care should be part of the core business of general practice, and GSF provides a standard against which we can measure our practice and a means to further improve it."**

*Prof Nigel Mathers, Vice Chair, RCGP*

## The GSF 'Going for Gold' Primary Care Training Programme

The 'Going for Gold' GSF Training Programme is designed to give a new impetus to delivering high quality end of life care in primary care. It helps attain local and national policy targets, including NICE Standards, encourages cross boundary working, and helps reduce avoidable hospitalisation leading to cost savings. Every admission costs on average £3,200, so this work quickly pays for itself whilst also providing a 'gold standard' of care for those most in need.

**Four one-hour lunchtime sessions as a team, with introduction and follow up, plus homework between.**

There are 3 learning outcomes for each session, linked to the NICE/Quality Markers, with practical illustrations and exercises to help self reflection and action planning. This is via DVD Distance Learning or on the GSF Virtual Learning Zone.



*"This Going for Gold programme had a transformational effect on the practice, including for non-clinical staff"*  
Practice Manager, after GSF going for Gold

*"It's a fantastic way to achieve organisational change - it's the way we have to go"*  
Practice Manager

*"I have personally enjoyed leading Going for Gold in our practice. The workbook itself is excellent and DVD helpful"*  
Practice Nurse Participant in GSF Going for Gold

*"This has been one of the best things we have done as a team together - thoroughly recommended"*  
GP Practice GSF Lead



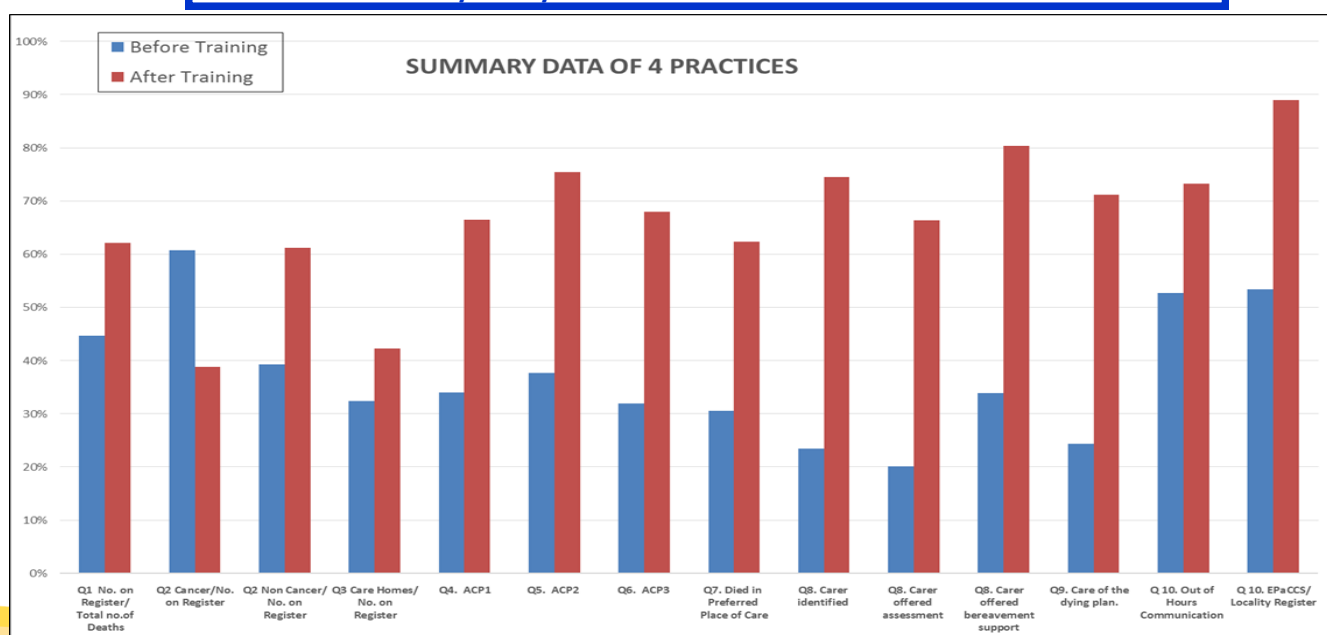
The Royal College of GPs endorses GSF Practice Quality Recognition and accreditation

### Examples of best practice - what can be achieved by practices

GP practices undertaking Going for Gold showed ...

- Trebling of numbers of patients on Palliative Care Register (range 32-69%)
- Trebling of non-cancer patients on Palliative Care Register (13-44%)
- Quadrupling numbers with recorded ACP, DNAR etc (15-62%, 14-60%)
- Increasing numbers dying in usual place of residence (38-50%)
- Carers assessment and bereavement protocols increased x(3-60%, 9-68%)

### Summary of Key Ratios of 4 GSF Accredited Practices 2015



For more further information contact the Gold Standards Framework Centre on:  
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