

Your County/ Your Contact	Organisation	Phone Number	Email Address	Address
Berkshire				
Carolyn Ryves	The Grange Nursing Home	01489 790177	carolynr@tgnh.co.uk	The Grange Nursing Home 72 Upper Northam Road Hedge End Southampton SO30 4EB
Cheshire				
Karen Lynskey	Tabley House Nursing Home	01565 650888	karenlynskey@cygnethealth.co.uk	Tabley House Nursing Home Tabley Lane Tabley Knutsford Cheshire WAS5 8DP
Dorset				
Claire Stredwick	The Malt House	01747 822667	manager@themalthouse.healthcarehomes.co.uk	The Malt House Bay Road Gillingham Dorset SP8 4EW
Durham				
Sandra Blades	Brierton Lodge Nursing Centre	01429 818526	sandra.blades1@ntlworld.net	Brierton Lodge Nursing Centre Brierton Lane Hartlepool TS25 5DP

Essex				
Beverley Manzar	Ebury Court Care Home	01708 728734	beverley.manzar@btconnect.com	Ebury Court 438 Rush Green Road Romford Essex RM7 0LX
Hampshire				
Carolyn Ryves	The Grange Nursing Home	01489 790177	carolynr@tgnh.co.uk	The Grange Nursing Home 72 Upper Northam Road Hedge End Southampton SO30 4EB
Hazel James	The Grange Nursing Home	01489 790177	nurses@tgnh.co.uk	The Grange Nursing Home 72 Upper Northam Road Hedge End Southampton SO30 4EB
Lancashire				
Jan Elliott	Oakfield Nursing Home	01524 792194	jan@oakfieldnursing.co.uk	Oakfield Nursing Home Lancaster Road Forton Preston PR3 0BL
Jane Lyth	Sandycroft Nursing Home	01253 349400	jane.lyth@mbisocialcare.com	Sandycroft Nursing Home 366 - 368 Lytham Road, Blackpool Lancashire FY4 1DW

George Hill	Cornmill Nursing Home & Residential Care Home	01995 606446	ghill@cornmill.com	Cornmill Nursing & Residential Care Home Bonds Lane Garstang Preston Lancashire PR3 1RA
London				
Angela Etienne	Excel Care Regional Office	0208 464 0673	angela.etienne@excelcareholdings.com	Regional Office 69 Park Avenue Bromley BR1 4EW
Oxana Nesterenco	Limetree Care Centre	0208 674 3437	oxana.nesterenco@excelcareholdings.com	Limetree Care Centre 8 Limetree Close London SW2 3EN
Simon Pedzisi	Nightingale House	0208 673 3495	SPedzisi@nightingalehammerson.org	Nightingale 105 Nightingale Lane London SW12 8NB
Aditee Naik	Peartree Care Centre	0208 488 9000	aditee.naik@excelcareholdings.com	Peartree Care Centre 195-199 Sydenham Road London SE26 5HF
Ntombizonke Gumbi	Limetree Care Centre	0208 674 3437	zodwagumbi@aol.co.uk	Limetree Care Centre 8 Limetree Close London SW2 3EN
Norfolk				
Valerie Ridley	Sun Court Nursing Home	01263 825382	sun.court@btconnect.com	Sun Court 1 Morris Street Sheringham Norfolk NR26 8JX

Northamptonshire				
Amanda Taylor	Northamptonshire Health Care Foundation Trust	01604 678038	Amanda.Taylor@nhft.nhs.uk	Cynthia Spencer Hospice Manfield Health Campus Kettering Road Northampton NN3 6NP
North Yorkshire				
Denise McPhee	Church View Nursing Home	01642 802490	churchviewnuhome@btconnect.com	Church View Nursing Home Thompson Street Stockton-on-Tees Cleveland TS18 2NY
Nottinghamshire				
Hayley May Spencer	HMS Care	0115 982 7121	hmscareltd33@gmail.com	HMS Care 63 South Road West Bridgford Nottingham NG2 7AH
Somerset				
Emma Read	Somerset Care Ltd.	07999 521132	Emma.Read@somersetcare.co.uk	Somerset Care Ltd. 31 Preston Grove Yeovil Somerset BA20 2BG
Carolyn Ryves	The Grange Nursing Home	01489 790177	carolynr@tgnh.co.uk	The Grange Nursing Home 72 Upper Northam Road Hedge End Southampton SO30 4EB

Southampton				
Beverley Warman-Johnston	Grange Nursing Home	01489 790177	familyliaison@tgnh.co.uk	Grange Nursing Home 72 Upper Northam Road Hedge End Southampton SO30 4EB
Surrey				
Aurea Mendoza	Heatherwood Nursing Home	0208 660 6646	admendoza_0413@yahoo.com	Heatherwood Nursing Home 47 Foxley Lane Purley Surrey CR8 3EH
Aurea Mendoza	Lloyd Park Nursing Home	0208 688 7022	admendoza_0413@yahoo.com	Lloyd Park Nursing Home 84 Coombe Road Entrance on Castlemaine Avenue South Croydon CR0 5RA
Carol Kirby	Cossins House Care Home	01932 282988	cossins.house.m@fshc.co.uk	Cossins House 1 Downside Rd Cobham KT11 3LZ
Emilyn Espejon	Heatherwood Nursing Home	0208 660 6646	emilyn@heatherwood.org.uk	Heatherwood Nursing Home 47 Foxley Lane Purley Surrey CR8 3EH
Emilyn Espejon	Lloyd Park Nursing Home	0208 688 7022	emilyn@heatherwood.org.uk	Lloyd Park Nursing Home 84 Coombe Road Entrance on Castlemaine Avenue South Croydon CR0 5RA
Warwickshire				

Joanne Wilson	Galanos House Care Home	01926 812185	jawilson@britishlegion.org.uk	Galanos House Banbury Road Southam Warwickshire CV47 2BL
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West Sussex				
Pauline Wylie	Queen Alexandra Hospital Home	01903 213458	p-wylie@qahh.org.uk	Queen Alexandra Hospital Home Boundary Road Goring-by-Sea Worthing West Sussex BN11 4LJ
Liz Seymore	Melrose Nursing Home	01903 230406	liz@melrosecare.org.uk	Melrose Nursing Home 7 - 11 Wykeham Road Worthing West Sussex BN11 4JG
Lousie Bruce	Melrose Nursing Home	01903 230406	lou@melrosecare.org.uk	Melrose Nursing Home 7 - 11 Wykeham Road Worthing West Sussex BN11 4JG
West Yorkshire				
Kirsty Stubbings	Locala Regional Centre	03300 242088	kirsty.Stubbings@locala.org.uk	Holme Valley Memorial Hospital Huddersfield Road Holmfirth Huddersfield HD9 3TS
Kim Hardy	Highroyd Care Home	01484 535458	kim2highroyd@hotmail.co.uk	Highroyd Highroyd Lane Moldgreen Huddersfield West Yorkshire HD5 9DP

Willing to travel where needed				
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