



The 2014 GSF Primary Care Accreditation Quality Hallmark

Quality Improvement

Quality Assurance

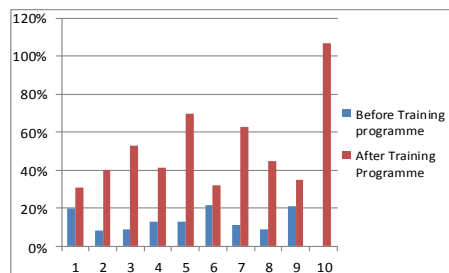
Quality Recognition

Congratulations to GSF Accredited Practices 2014

"This year's GSF accredited practice has demonstrated really significant changes and build on the achievements of the last nine practices. The practice has clearly show us what is possible and achievable and how implementing GSF can support other competing agendas such as the DES for unplanned admissions - clearly demonstrating that high quality care can be delivered for all people nearing the end of life, despite mounting pressures in primary care. The practice has made a difference for their patients and families and are an inspiration to us all."
Prof Keri Thomas GSF Centre September 2014



Awards in 2012



Key Outcome Ratios for all accredited practices – increase identification of patients on register after GSF training



Awards in 2013

"The effort and time invested in the Going for Gold programme in refining and expanding our supportive care register was always seen by the practice as a valuable enhanced service for our patients. However, with the introduction of the Avoiding Unplanned Admissions DES, which complements the ethos of Going for Gold, this has allowed us to seamlessly transition this cohort into the DES and conjointly run each programme side by side, augmenting our patients care further."

Dr Stephen Clayton , Stalbridge Surgery

Dr Peter Nightingale from RCGP will be presenting GSF RCGP Quality Hallmark Awards to the accredited practice at the GSF Conference September 2014.



"GSF Going for Gold has had a profound effect on our care for patients... with a shift in the focus of palliative care to one of earlier identification, forward planning and anticipatory care. We are dealing with more and more people at home satisfactorily, with better cross team working, with district and Macmillan nurse teams."

Dr Andrew Foster, GP Partner Coastal Medical Group, where they halved the hospital death rate (35%-16.6%) and 83% patients on the register offered advance care planning (ACP) discussions

"We've changed the culture of how we practice. Doing Going for Gold has been a cultural shift for us, we are much more proactive. When we look back on the way we practiced before, it seems very old fashioned and unsatisfactory"

Dr Karen Chumbley, GP, Essex - Round 1 GSF Accredited Practices 2012

Examples of Best Practice

What can be achieved by GP practices undertaking Going for Gold and GSF Accreditation

- The numbers of patients on Palliative Care/GSF Register using the red, amber, green, blue code was over 100%
- Trebling of non-cancer and Care Homes patients on Palliative Care Register (57% - 72%, 5% - 24% resp.)
- Doubling the numbers with recorded ACP, DNAR etc. (16% - 37%, 16% - 24%)
- Carers assessment increased (100%)
- Development of practice protocols to enable sustained long term quality improvement in all areas



GSF Accredited GP Practice Round 3 - Sept 2014

What is the GSF Going for Gold Programme and Quality Hallmark Award?

**GSF is about the right care, for the right person, in the right place,
at the right time... every time.**



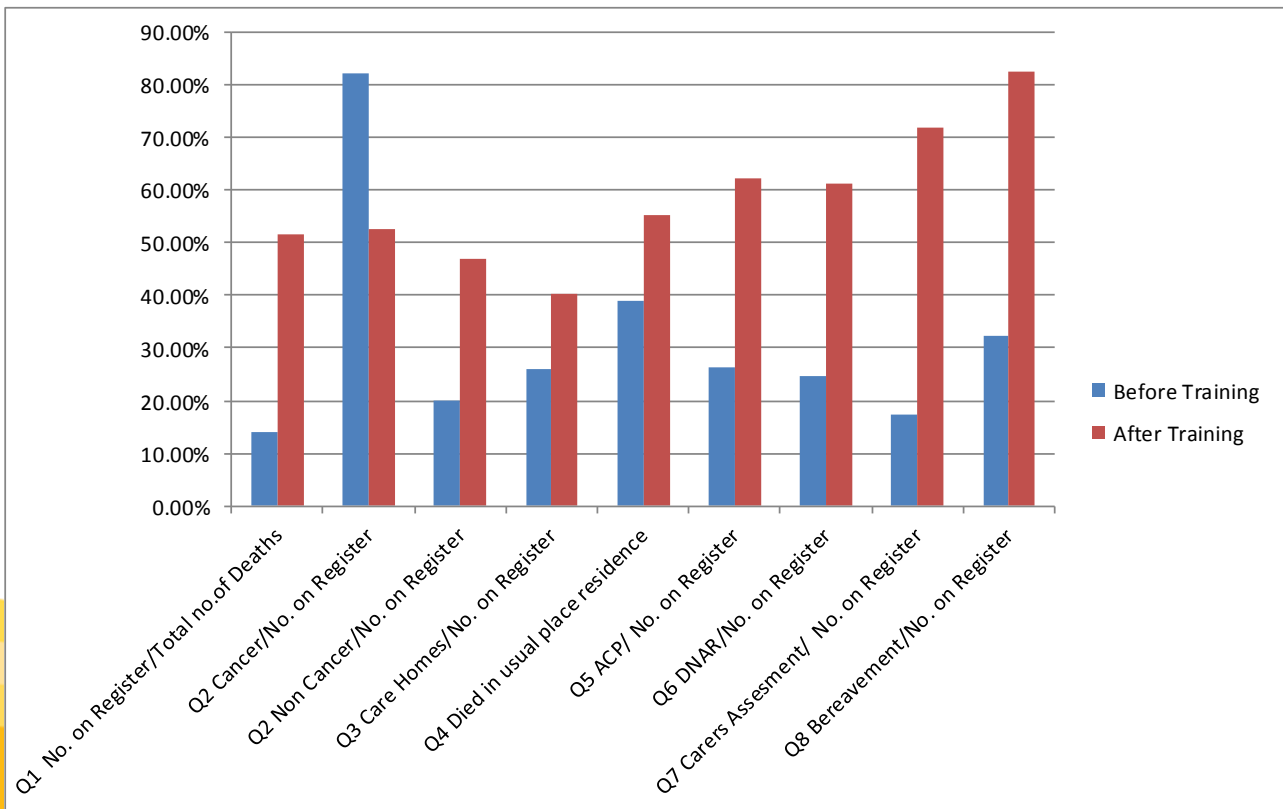
The GSF Primary Care Training Programme 'Going for Gold' is a practice based quality improvement programme for primary care teams, that enables improvements in care for all people nearing the end of life. The GSF RCGP Quality Recognition and Accreditation process assesses the impact of this training on practice activity and outputs with a well-established quality assurance process.

The successful practices have:

- Undertaken the full GSFC 'Going for Gold' Training programme as a team over 6-12 months
- Progressed to accreditation, which includes summary of key ratios, portfolio with inclusion of a practice protocol for sustainability, 10 further ADA audits and assessment by conference call
- Collated and presented results to a panel consisting of GPs and nurses
- Received a full report following Accreditation, with cumulated ratios and noting areas of excellence and areas requiring further improvement
- Been Presented with the GSF Quality Hallmark Award, endorsed by RCGP, which lasts for 3 years with annual appraisals of the key ratios
- Have demonstrated really significant changes (see overleaf) with halving hospital deaths, doubling numbers dying where they choose, earlier identification of patients on registers, improved collaboration with care homes and development of an effective practice protocol for sustained coordinated care for patients in the

Key Outcome Ratios

Summary of cumulative results from all 10 GSF Accredited GP practices key outcome ratios 2012, 2013 and 2014 - before (blue) and after (red) GSF Going for Gold training and accreditation .



"The College is pleased to endorse the Award. GSF Going for Gold has provided a vision of what end of life care can look like and the tools to get there. It is changing culture and practice in a really significant way. GSF has been transformational in my area and in many others."