



# GSF in Community Hospitals

Improving care for people in the final years of life in your community hospital and giving them recognised 'Gold Standard' care - here's how to do it!



## Why the GSF Community Hospitals Training Programme can help you

- GSF is the **most widely used** and well developed End of Life Care Training Programme in the UK, it includes all resources required to succeed - see over
- The GSF Community Hospitals Programme is the **only nationally recognised training programme** for End of Life care for Community Hospitals; helping them to improve care for **all people** in the final years of life - estimated to be at least 30% of all patients in hospital at any one time
- It is the only programme with a formalised quality assurance **Accreditation process leading to the GSF Quality Hallmark award; supported by the Community Hospitals Association**
- It meets NICE Standards, CQUIN targets, Commissioning priorities etc.
- It will help you meet the new revised **CQC standards on end of life care**
- It encourages **compassionate care**, enabling a deeper level of **culture change** - Head, Hands and Heart



## What we've learnt from earlier phases of this GSF programme – with 41 community hospitals trained in Cornwall, Dorset and Cumbria and several hospitals already accredited we can see how well this works ...

- *“Community hospitals take naturally to this work, ....and GSF helps us focus even more on proactive thinking and planning ahead. It helps us work better and things go smoothly”*
- *“It helped us be even more patient focussed in our care....we were able to discuss things more openly - there was a much more open and calm atmosphere and we knew we were listening to them and their families better”*
- *“We can identify 30-40% of our patients early, code them according to their needs and try to help them earlier”*

Teams from Phase 1 GSF going for Accreditation



## Care Quality Commission (CQC) and End of Life Care

EOLC has now been specifically identified as one of the core areas for CQC inspection, assessed against five domains. Hospitals will be graded against standards in end of life care for the first time.

GSF has been working with CQC and can support you in developing this area in your hospital and help you demonstrate quality End of Life Care.



The National Community Hospital Association supports the GSF Accreditation Quality Hallmark Award.

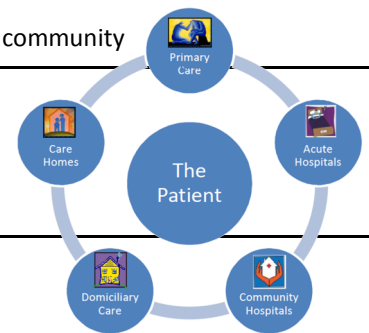




# GSF in Community Hospitals

## Course Overview - how does the training work and what can we do to join?

|  |  |
|--|--|
| <b>Description and background</b>          | <ul style="list-style-type: none"> <li>The GSF in Community Hospitals Training Programme was piloted with 28 Community Hospitals in 2012. The focus is on organisational and systems change, which leads to sustainable improvements in the co-ordination and quality of care. The programme follows the usual GSF Training Programme, adapted for Community Hospitals. It helps you improve earlier identification and inclusion on the register, begin Advance Care Planning discussions and improve communication with GPs</li> </ul> |
| <b>Programme format</b>                    | The programme is made up of a half day preparation workshop and 4 full day workshops over 12 -18 month period.   |
| <b>Meeting targets and quality markers</b> | The GSF Quality Hallmark Standards meets all the DH End of Life Care Quality Markers for Community Hospitals(2009) e.g. Advance Care Planning, Assessment, Audit, Training etc. It also supports the NICE and QIPP targets and CQUINs in many areas.   |
| <b>How and where is training delivered</b> | The training is delivered locally at present by the GSF team through interactive workshops and supported by local facilitators, with a step by step approach to cascade of learning.   |
| <b>Programme length</b>                    | 12-18 month training period, which includes a three to six month consolidation period.   |
| <b>Benefits and outcomes</b>               | <ul style="list-style-type: none"> <li>Better identification of patients in the last year of life</li> <li>Proactive care rather than reactive</li> <li>More recording and achieving preferred place of care</li> <li>Increased staff confidence and team work</li> <li>Greater co-ordination and cross boundary care working with the community</li> </ul>  |
| <b>Support provided</b>                    | <ul style="list-style-type: none"> <li>Local facilitation is helpful. Facilitators fully supported</li> <li>Website, with a protected area with downloadable resources</li> <li>Regular conference calls with the GSF team and email support</li> </ul>  |
| <b>Resources included</b>                  | Fully resourced programme including <ul style="list-style-type: none"> <li>Preparation pack, Good Practice Guide, filmed DVD training programme, power-point teachings, delegate packs, further resources etc.</li> </ul>  |
| <b>Evaluation</b>                          | Baseline and Follow up. After Death Analysis (patient level), Staff Confidence Self Assessment survey, Key Ratios and foundation level questionnaire (Organisational level)  |
| <b>Accreditation</b>                       | The first wave of Community Hospitals have progressed towards accreditation in March 2014 and received the Quality Hallmark Award Assessed against 5 key standards   |
| <b>Cost</b>                                | Please contact the GSF Centre at <a href="mailto:communityhospitals@gsfcentre.co.uk">communityhospitals@gsfcentre.co.uk</a>  |



## WHAT TO DO NEXT?

For further information, a registration form, reports or a discussion on how this could be of benefit to you please contact The Gold Standards Framework Centre on:

[communityhospitals@gsfcentre.co.uk](mailto:communityhospitals@gsfcentre.co.uk) • 01743 291891 • [www.goldstandardsframework.org.uk](http://www.goldstandardsframework.org.uk)