

# Commissioning End of Life Care with GSF



## The National Gold Standards Framework (GSF) Centre in End of Life Care

is the leading provider of end of life care training and accreditation for generalist frontline staff in the UK. It is the most established programme, backed by a uniquely strong evidence base and extensive experience. GSF quality improvement training programmes include primary care, care homes, acute and community hospitals, domiciliary care, dementia care, hospices, IT Solutions local audits plus integrated cross boundary care.

### The GSF Programmes help you to...

- **Improve the quality of care** for people nearing the end of life, their carers and families
- **Puts national policy into practice** at grass roots level
- **Meet targets** - QIPP, Skills for Care, NICE Standards, DH Quality Markers, CQUINs and other targets
- **Significantly reduce costs** by reducing unnecessary hospitalisation with proven cost savings
- **Improve other major areas** such as long term conditions, care for those with dementia + frail elderly

### What does GSF help to do?

- Improves **quality** of care in line with preferences
- Improves **coordination** of cross boundary care
- Improves **cost effectiveness** - reducing hospitalisation, enabling more to die at home

### How is this achieved? What we provide:

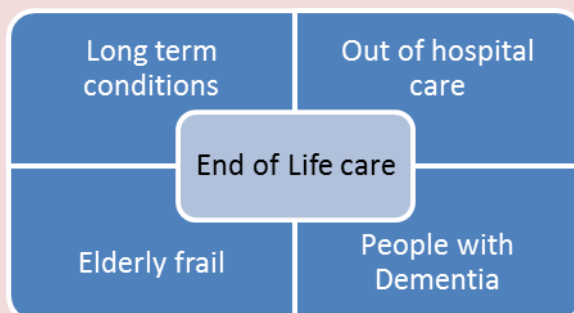
- **Training** - full training programmes in different settings
- **Tools** - resources, early alerting IT Support, guidance etc.
- **Measures** - on-line After Death Analysis (ADA) audits + others
- **Support** strategic planning, local reports to meet your needs

### GSF is used as part of the Care Quality Commission (CQC) regulation process.

“The National Gold Standards Framework (GSF) Centre for End of Life Care will share information with the Care Quality Commission about care homes who have achieved GSF Accreditation. This information will be included in the Quality and Risk Profile that CQC holds for each registered provider. Quality and Risk Profiles are used by CQC's inspectors to inform their assessment of risks to the quality of services.”

Lisa Annaly, Head of QRP Intelligence Directorate, CQC

### End of Life Care is important in at least five areas of commissioning



“Every organisation involved in providing end of life care will be expected to adopt a coordination process, such as GSF”

Department of Health, End of Life Care Strategy 2008

**GSF is about helping people live well until they die.**

**- the right care for the right person , in the right place,  
at the right time, every-time**

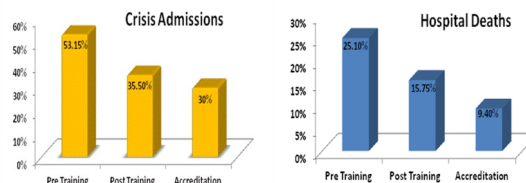
### Examples of good practice

**GSF Primary Care** - Thirteen Going for Gold practices in Lancaster increased numbers on the GP register by 75%. GSF Accredited practices show significant increases in all proportions, including numbers identified, advance care planning, numbers dying in usual place of residence and carer support.

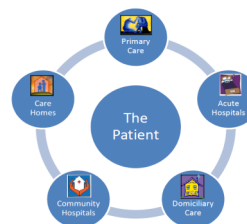
**GSF Care Homes** - Over 2 years, Somerset PCT saved almost half a million from 116 saved admissions (65 GSF care homes compared with non GSF). Care Homes in South East London , (St. Christopher's area) increased the home death rate from 57% to 78% over 5 years, Worcester and Cornwall showed sustained decreased hospitalisation.

**GSF Acute Hospitals** - 32 hospitals over 3 phases so far. Evaluation shows improvement in identification of patients, confidence of staff, early ACP discussions and much improved cross-boundary communication with GPs. Now several hospitals are undertaking whole hospital GSF, leading to GSF Acute Hospital Accreditation. Phase 4 open now - beginning May 2013.

**Saving Money using GSF Care Homes - Halving hospital deaths. Potential Cost Savings - estimated £30-40k/home/year or £1-2 m/PCT**  
Decreased hospital admissions and deaths after GSF



**GSF helps join up all the dots - Integrated Cross boundary care sites**  
**NEW Call for demonstrator sites in integrated cross boundary care using GSF as a 'common language' to improve care**



### New GSF Developments - 2013 /2014

- Call for integrated cross boundary care pilots
- Accreditation of GP practices , acute and community hospitals
- New dementia care programme helping to reduce hospitalisation , increase pain control and advance care planning
- New local review for EOLC
- GSF Hospice Care programme
- Virtual Learning Zone for distance Learning

After  
Death  
Analysis

*"In the course of my research, I concluded that the GSF is probably the most effective framework for primary -secondary-tertiary integration"*  
Janet Dunbrack Independent researcher Canada

*"In my experience of working to improve end of life care in East London, the GSF has been key. I believe it is one of the single greatest aids to this work, drawing together generalists and specialists to address the needs of patients and their families."*

Heather Richardson  
Clinical Director, St Joseph's Hospice  
Help the Hospice Lead Nurse

*"We are celebrating something very magnificent here .The fact that there is now a gold standard for care homes means that there is the possibility that nationwide, the quality of care for people who are dying will change ... now that is transformational "* Baroness Julia Neuberger

The National Gold Standards Framework Centre CIC in End of Life Care, a not-for-profit Social Enterprise, is the UK's largest training provider in end of life care for the generalist frontline workforce in health and social care.

**For more information contact The GSF Centre on:**

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