

## Focus on quality. Why do GSF?

Providing quality care is key to the new Care Act, 2014 and to the new CQC inspection process.

GSF helps improve quality by promoting :-

- ◆ Quality improvement - through training
- ◆ Quality assurance - through accreditation
- ◆ Quality recognition - Quality Hallmark Awards



What makes GSF training good value?

- ◆ The GSF Quality Hallmark Award is a 'kitemark' for quality in this sector, recognised as a marker of excellence by CCGs, LAs and the public, who often seek Accredited care homes for their relatives
- ◆ It enables quality care throughout the person's stay not just at the end, ensuring excellence throughout
- ◆ GSF helps homes meet local and national standards, whilst also empowering all staff in the home
- ◆ The cost for the whole home equates to the cost of one resident in a home for 1-2 weeks
- ◆ The strong evidence base and feedback from care homes over 10 years proves its effectiveness but also helps enable further improvements



## What is the impact of GSF?

GSF improves ...

### ◆ Quality of care

Better experience of care for residents/patients by  
Improving staff skills and confidence

*"GSF has made my work simpler, drawn me closer to residents and relatives and given me confidence in discussing end of life care."*

Care Home GSF Lead Nurse

### ◆ Coordination of care

Better communication, coordination and  
integrated cross boundary care.

*"I saw what GSF was providing in care homes, so if it can work there in care homes it can work in other settings—and it does... it really works!"*

Dr Pete Nightingale GP RCGP EOLC Lead Lancaster

*"GSF has provided a common vocabulary between hospitals and the community, that's what's made the difference"*

Dr Karen Groves Consultant Pall Med Southport

### ◆ Outcomes for people

Enabling more to live well and die well in the place  
and manner of their choosing

*"It is so fantastic to see good theoretical policies put into practice and I want you to know that your framework really has made a difference...Dad died with dignity, pain free, able to stay in his 'home' surrounded by his things and looked after by people that cared and who knew him well. We could never have asked for more than that."*

Relative of a resident who died in a GSF Accredited  
Care Home

the gold standards  
framework<sup>®</sup>  
in care homes



*'Enabling a gold standard of care for all people nearing the end of life'*

## The GSF Care Homes Programmes

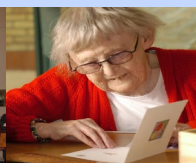
***Celebrating 10 years of working in care homes and looking to the next decade***

- Improving accessibility so that ANY care homes wishing to do GSF training can do so, and that 'gold standard becomes standard care'
- Announcing NEW more flexible new ways of learning using distance learning in the home plus interactive workshops
- Reduced charges—a simplified pricing structure with over 25% reduction in costs overall plus further 10% discount for homes opting for both Gold training and accreditation together. Prices from £390 (Silver) and £950 (Gold )/home

## The National Gold Standards Framework Centre in End of Life care

The leading UK provider of training and accreditation  
in end of life care for generalist frontline staff

[www.goldstandardsframework.org.uk](http://www.goldstandardsframework.org.uk)  
[info@gsfcentre.co.uk](mailto:info@gsfcentre.co.uk) 01743 291891



## Celebrating a decade of GSF in Care Homes

Ten years since the launch of the GSF Care Homes Programme, thousands of care homes have undertaken GSF training from Cornwall to Scotland and about a million residents and their families have benefited from improved 'gold standard' care, helping them to live well and die well in their care home. Since 2004:-

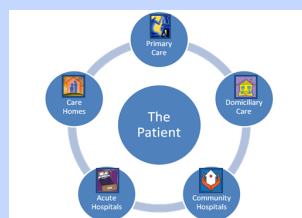
- over 2500 care homes have been trained
- this includes about a quarter of all nursing homes
- training has reached around 200,000 care home staff
- almost 500 homes have been accredited and received the GSF Quality Hallmark Award endorsed by all major care provider groups, equating to about 42% eligible care homes
- over 150 care homes have been reaccredited three years on, proving practical sustainability
- GSF Accredited homes are recognised by CQC, NHS Choices, NHS EOLC Intelligence Unit and carehomes.co.uk for their outstanding care
- currently we have 7 Regional Centres spreading GSF training and 3 cross boundary care sites
- twenty biannual GSF Conferences have been held recognising care workers' success
- on average homes have shown a 50% reduction in hospital admissions and deaths
- the GSF Team continues to help influence national policy and the spread of best practice
- GSF Care Homes used in several international projects including Australia, Canada, Ireland etc.

## Spreading best practice - developing a national momentum of best practice

GSF can be transformational in helping to change the culture of the home. GSF includes care for all people nearing the end of their life, affecting the care from the minute a resident comes into the home not just care in the final days.

Following the success of GSF in care homes, we wish to spread this even further to create a 'national momentum of best practice', in all care homes, raising the standard of care for every resident.

GSF can affect care in other settings, helping to reduce inappropriate hospital admissions and enable more to live and die where they would choose.



Our new learning options for the programme will:

1. **Enable any care home** who wishes to complete the GSF training to do so in different ways
2. **Ensure that 'gold standard' care** becomes standard care in all care homes through accreditation
3. **Encourage integrated cross boundary care** through use of GSF in other settings, creating a common language of end of life care with patients at the heart. For other programmes see the GSF website



## Announcing flexible new ways of learning

To achieve these aims, we are now announcing a new range of flexible approaches to training and learning from 2014 to meet the demands and the pockets of all care homes, to include the newly filmed programme, available on the Virtual Learning Zone or DVD. With a new flexible range of charges, and reductions and bursaries available, now any care home that wishes to do so could undertake one of the GSF Care Homes training programmes.

**New GSF Care Homes Learning options include :-**

**1. The Premium Gold Programme** - The original full training programme with 6 interactive workshops, plus added support of the filmed programme for easier cascade of training within the home.

**2. Foundation Level – Silver** - GSF principles for care homes who are not ready for the full programme but wish to make a start. This step-by-step approach, involving two workshops and homework, also supports homes that later wish to progress to full training and Accreditation.

**3. GSF Basics –Bronze** - Intensive GSF-in-a-day workshops or awareness raising events for all homes in an area.

**4. Blended Learning – Gold** - With the newly filmed GSF Care Homes training programme we are offering a 'blended learning' approach to include interactive workshops and in-house sessions, offering a flexible and cost effective training package (whole area commissioned groups only).

**5. Refreshers - Other combinations** including the filmed programme as a refresher for previously trained care homes.