



GSF Care Homes:

- ACP has been introduced as an integral part of the GSF Care Homes Training Programme.
- Homes work to the standard of ACP being offered to all residents.
- Helps to empower staff and residents.

Who is involved:

- Residents
- Family/friends
- Nursing staff
- Care staff
- Key workers
- GP/other professionals
- Housekeeper/domestic

Key Messages

The Survey Shows: -

1. The successful introduction of Advance Care Planning discussions for every resident, in over 300 care homes.
2. Significant benefits described for residents, family and staff.
3. This is part of the means to reduce avoidable hospitalisation.

Impact & Benefits

- Reduce hospitalisation at the end of life
- Enable rapid discharge to preferred place of care
- Greater awareness of choice & need
- Enables more discussions re: inappropriate interventions
- Improved confidence of staff
- Promotes quality time with loved ones
- Enables homes without nursing to care for people until death
- Helps staff to meet social, spiritual and emotional needs
- Promotes dignity and respect
- Enables staff to better advocate for resident.

How to introduce ACP:

- Soon after admission
- Introduce the topic on first viewing
- Develop own leaflets
- Continuous relationship development

Challenges:

- Poor collaboration with others
- Staff avoided discussions at first
- Once broached enhanced staff skills
- Family conflict & denial

“ACP has completely changed the way we deliver care”
(Care Home Manager, 2011)

“Residents know they are the focus of the staff’s attention...Puts the resident back in the driving seat”
(RGN, Care Home, 2012)

“Enabled relatives to express own wishes and come to terms with loved ones deterioration and death”
(Care Home Manager, 2011)



Evaluation:

- ⇒ Approximately 300 homes are accredited with GSF, and have been surveyed
- ⇒ Over 90% of residents in these homes have an ACP or best interests plan
- ⇒ Increase in home deaths from 68% to 98%
- ⇒ Improved communication skills
- ⇒ Developed a culture of openness and realisation



The End of Life Care Discussion