



GSF Acute Hospitals

Improving end of life care in hospitals



An invitation to join the next GSF Acute Hospital Programme 2015 with NEW options for ways of training your hospital teams —see over



With the considerable success over the last 6 years of the GSF Acute Hospital programme in End of Life care, involving over 45 hospitals, many whole-hospital projects and with the first wards progressing to Accreditation and Quality Hallmark Awards, co-badged by the British Geriatrics Society, we now invite you to join the programme to improve end of life care in your hospital. Building on this success, there are now new options for joining the programme— see overleaf.



Award winning programme – The GSF Acute Hospitals Programme was highly commended in NHS North West Excellence in Supply Awards 2014

Evidence of improvement from GSAFH Phases 3 & 4

- Better structured proactive end of life care for all
- Earlier recognition of more patients in last year
- More initial advance care planning discussions
- Decreased length of stay more rapid discharges
- Better communication with GPs care homes + others
- Better cross boundary care with community
- Better staff confidence + feedback from carers
- Greater involvement of geriatricians in EOLC
- Better CQC assessments and reports on EOLC

End of Life Care and CQC



EOLC is now one of CQC's core areas for hospital inspections. GSF can support your generalist frontline staff to provide high quality end of life care for all your patients. CQC recognises GSF Accredited organisations as examples of best practice in care homes, GP practices, hospices and community hospitals. Hospitals doing GSF have been highly praised by CQC for their end of life care.

How the GSF Programme can help your hospital?

- GSF will help you improve the **quality of end of life care for the 30% of your patients** in their last year of life in your hospital.
- It is the only programme with quality assurance **ACCREDITATION and the GSF Quality Hallmark Award**.
- It helps improve **staff confidence, patient satisfaction, cross-boundary care and reduces length of stay**.
- GSF is the **most widely used EOLC framework**, with a strong evidence base for its effectiveness.
- It provides a **structured approach** to improve end of life care in which everything else can fit, including all other tools such as Transform, AMBER Care Bundle, Advance Care Planning, rapid discharge, etc.
- GSF improves earlier **recognition of patients** and inclusion on the register/EPaCCS + Advance Care Planning.
- It helps you meet commissioning targets, **CQUINS and NICE Quality Standards**.
- It builds on the GSF **in the community** so improves collaboration and **integrated cross-boundary care**.





What's special about the GSF Acute Hospitals Programme in EOLC?

British Geriatric Society endorses the GSF AH Training and Accreditation Programmes

"The BGS are delighted to work with the GSF Team to help drive up standards of care across the country by supporting the GSF accreditation process and Quality Hallmark Award for End of Life care in Acute Hospitals. In working together, we think this will help raise the profile of end of life care in hospitals, and support geriatricians and others to provide more proactive quality care for the 30% of hospital patients considered to be in the final year of life."



We are now able to offer the successful step-by-step GSF programme in different ways:

- **STANDARD OPEN programme - Summer 2015– central workshops**
- **NEW COMMISSIONED programme from 2015 - where we come to your hospital**
- **TAILORED programme for hospital Palliative Care Teams**

1. **Standard Open programmes** - facilitators and ward representatives from a number of hospitals gather together for centrally run GSF training workshops x 6 over 2 years and receive all resources, teaching, coaching and evaluation. Some doing whole hospital projects receive visits in addition.
2. **NEW Whole hospital Commissioned programme based at your hospital** - ONLY for whole hospital/ multiple ward projects, in which the GSF team deliver the programme in **your** hospital to many wards, making it easier for staff, reduced travel and costs and supporting spread across wards.
3. **Tailored Palliative Care team training** - A tailored GSF Acute hospital training programme to enable and support the palliative care team to spread GSF across the hospital.



"GSF has been the framework into which everything else has fittedit gave us a common vocabulary in all settings enabling better cross-boundary care." Dr Karen Groves
Palliative Care Consultant Southport and Ormskirk Hospital.

"GSF has really helped us in improving our coordination and communication, which means everyone is working in unison."

Senior Nurse GSF Accredited Community Hospital ward

"It [GSF] helped us be even more patient focussed....we were able to discuss things more openly and we knew we were listening to them and their families better."

Senior Nurse on GSF Accredited Community Hospital ward

"GSF helps us identify the third of people in their last year of life and give them better care" Phase 4 GSF AH hospital

"GSF is well thought through, patient focussed and joined up"

Mike Connolly, Nurse Consultant, Wythenshawe

What is included in the GSF AH programme?

1. **All resources required** including teaching materials, posters, DVDs, ward folders, Good Practice Guides etc.
2. **Interactive workshops** with colleagues to share good practice and progress with others.
3. **Support** - individualised coaching, conference calls and project management support.
4. **Independent evaluation** plus intrinsic Evaluations showing benchmarked change.

The full 2 year step-by-step programme leads to Foundation Level in Year 1, Enhanced level in Year 2 and then Hospitals can apply for Accreditation GSF BGS Quality Hallmark Award.



For further information, a registration form, reports or a discussion on how this could be of benefit to you please contact The Gold Standards Framework Centre on:

hospitals@gsfcentre.co.uk • 01743 291897 • www.goldstandardsframework.org.uk