

4.4 - GSF Clinical Skills Training Programme

GSF Programme Learning outcome	Content of session & activities	Core Units	Core Qualification Learning outcome	Assessment Criteria
<p>Session 1 Frailty</p> <ol style="list-style-type: none"> To understand and reflect on what frailty is? To understand and reflect on what problems may occur? To understand and reflect on what can be done and who else can help? 	<ul style="list-style-type: none"> Clinical scenario & reflection Key clinical facts Identifying frailty & frailty syndromes Assessment Prevention, management & treatment <p>Activities</p> <ul style="list-style-type: none"> Reflect on presented scenario Knowledge questions Reflection of own practice Action planning <p>Evidence</p>	EOL 302	<ol style="list-style-type: none"> Understand the effects of symptoms in relation to end of life care. Be able to manage symptoms of end of life care. Be able to integrate symptom management in the care management process. 	<ol style="list-style-type: none"> Identify a range of conditions where you might provide end of life care. Identify common symptoms associated with end of life care. Explain how symptoms can cause an individual distress and discomfort. Evaluate the significance of the individual's own perception of their symptoms. Demonstrate a range of techniques to provide symptom relief. Describe own role in supporting therapeutic options used in symptom relief. Actively support the comfort and wellbeing in end of life care. Explain how symptom management is an important part of the care planning process.
<p>Session 2 Depression, Delirium & Dementia</p> <ol style="list-style-type: none"> To understand and reflect on what Depression is? To understand and reflect on what problems may occur? 	<p>For each of the conditions the session includes</p> <ul style="list-style-type: none"> Clinical Scenario & reflection Key clinical facts Assessment Management options End of life issues Triage 	EOL 308	<ol style="list-style-type: none"> Understand considerations for individuals with dementia at end of life. Understand how to support individuals with dementia affected by pain and distress at end of life. 	<ol style="list-style-type: none"> Outline in what ways dementia can be a terminal illness. Explain why it is important that end of life care for an individual with dementia must be person-centred. Explain why pain in individuals with dementia is often poorly recognised and undertreated. Describe ways to assess whether an individual with dementia is in pain or distress.

<p>3. To understand and reflect on what can be done and who else can help?</p>	<p>Activities</p> <ul style="list-style-type: none"> • Reflect on presented scenario • Knowledge questions • Reflection of own practice • Action planning <p>Evidence</p>		<p>3. Understand how to support carers of individuals with dementia at end of life.</p>	<p>2.3 Describe ways to support individuals with dementia to manage their pain and distress at end of life using.</p> <p>Medication</p> <p>Non medication techniques</p> <p>3.3 Describe how others caring for individuals with dementia may experience loss and grief.</p> <p>3.4 Describe ways of supporting carers when difficult decisions need to be made for individuals with dementia at end of life.</p> <p>Give examples of how to support carers and others to support an individual with dementia in the final stages of their life.</p>
<p>Session 3 Organ Failure</p> <p>1. To understand and reflect on what heart failure is?</p> <p>2. To understand and reflect on what problems may occur?</p> <p>3. To understand and reflect on what can be done and who else can help?</p>	<p>3a</p> <ul style="list-style-type: none"> • Clinical scenario & reflection • Definition of Heart failure • Key clinical facts • Assessment • Symptom control • General management including medications, lifestyle • End of life care and heart failure <p>3b</p> <ul style="list-style-type: none"> • Clinical scenario & reflection • Definition of Respiratory failure • Key clinical facts • Assessment • Symptom control • General management including medications, lifestyle • End of life care and respiratory failure 	<p>EOL 302</p>	<p>1. Understand the effects of symptoms in relation to end of life care.</p> <p>2. Be able to manage symptoms of end of life care.</p> <p>4. Be able to integrate symptom management in the care management process.</p>	<p>1.1 Identify a range of conditions where you might provide end of life care.</p> <p>1.2 Identify common symptoms associated with end of life care.</p> <p>1.3 Explain how symptoms can cause an individual distress and discomfort.</p> <p>1.4 Evaluate the significance of the individual's own perception of their symptoms.</p> <p>2.1 Demonstrate a range of techniques to provide symptom relief.</p> <p>2.2 Describe own role in supporting therapeutic options used in symptom relief.</p> <p>2.4 Actively support the comfort and wellbeing in end of life care.</p> <p>4.1 Explain how symptom management is an important part of the care planning process.</p> <p>4.3 Report changes in symptoms according to policies and procedures in own work setting.</p>

	<p>3c</p> <ul style="list-style-type: none"> • Clinical scenario & reflection • Definition of renal failure • Key clinical facts • Assessment • Symptom control • General management including medications, lifestyle • End of life care and renal failure <p>Activities</p> <ul style="list-style-type: none"> • Reflect on presented scenario • Knowledge questions • Reflection of own practice • Action planning <p>Evidence</p>			<p>4.4 Support the implementation of changes in the care plan.</p>
<p>Session 4 Neurological Disorders 4a</p> <ol style="list-style-type: none"> 1. To understand and reflect on what a CVA/TIA is? 2. To understand and reflect on what problems may occur? 3. To understand and reflect on what can be done and who else can help? 	<p>4a CVA/Stroke/TIA</p> <ul style="list-style-type: none"> • Clinical Scenario & reflection • Key clinical facts • Assessment • Management options • Physical issues & medication • Social & psychological issues • Triage • End of life care issues 	<p>EOL 302</p>	<ol style="list-style-type: none"> 1. Understand the effects of symptoms in relation to end of life care. 2. Be able to manage symptoms of end of life care. 	<ol style="list-style-type: none"> 1.1 Identify a range of conditions where you might provide end of life care. 1.2 Identify common symptoms associated with end of life care. 1.3 Explain how symptoms can cause an individual distress and discomfort. 1.4 Evaluate the significance of the individual's own perception of their symptoms. 2.1 Demonstrate a range of techniques to provide symptom relief. 2.2 Describe own role in supporting therapeutic options used in symptom relief. 2.4 Actively support the comfort and wellbeing in end of life care.

<p>4b</p> <ol style="list-style-type: none"> 1. To understand and reflect on what is Parkinson's disease? 2. To understand and reflect on what problems may occur? 3. To understand and reflect on what can be done and who else can help? 	<p>4b</p> <p>Parkinson's Disease</p> <ul style="list-style-type: none"> • Clinical Scenario & reflection • Key clinical facts • Assessment • Management options • Physical issues & medication • Social & psychological issues • Triage • End of life care issues 		<p>4. Be able to integrate symptom management in the care management process.</p>	<p>4.1 Explain how symptom management is an important part of the care planning process.</p> <p>4.3 Report changes in symptoms according to policies and procedures in own work setting.</p> <p>4.4 Support the implementation of changes in the care plan.</p>
<p>4c</p> <ol style="list-style-type: none"> 1. To understand and reflect on what is Motor Neurone disease and Multiple Sclerosis? 2. To understand and reflect on what problems may occur? 3. To understand and reflect on what can be done and who else can help? 	<p>4c</p> <p>Motor Neurone Disease & Multiple Sclerosis</p> <ul style="list-style-type: none"> • Clinical Scenario & reflection • Key clinical facts • Assessment • Management options • Physical issues & medication • Social & psychological issues • Triage • End of life care issues <p>Activities</p> <ul style="list-style-type: none"> • Reflect on presented scenario • Knowledge questions • Reflection of own practice • Action planning <p>Evidence</p>			

<p>Session 5 Pain</p> <ol style="list-style-type: none"> To understand and reflect what is Pain? To understand and reflect what problems may occur? To understand and reflect what can be done and who else can help? 	<ul style="list-style-type: none"> Clinical Scenario & reflection Key clinical facts Assessment & useful tools Pain in people with dementia Management options Medication & other interventions End of life care issues Triage <p>Activities</p> <ul style="list-style-type: none"> Reflect on presented scenario Knowledge questions Reflection of own practice Action planning 	<p>EOL 306</p>	<ol style="list-style-type: none"> Understand how to respond to common symptoms in the last days of life Be able to support individuals and others during the last days of life. 	<ol style="list-style-type: none"> Be able to support individuals and others during the last days of life describe the common signs of approaching death. Explain how to minimise the distress of symptoms related to the last days of life. Describe appropriate comfort measures in the final hours of life. Demonstrate a range of ways to enhance an individual's wellbeing during the last days of life. Work in partnership with others to support the individual's wellbeing. Describe how to use a range of tools for end of life care according to agreed ways of working.
<p>Session 6 Care of the dying person</p> <ol style="list-style-type: none"> To understand & reflect what end of life care is. To understand & reflect what problems may occur. To understand & reflect what can be done & who else can help. 	<ul style="list-style-type: none"> Clinical Scenario & reflection Key clinical facts Assessment & useful tools Signs & symptoms Psychological assessment Non-physical pain Spiritual needs Management & treatment of symptoms Medication & other interventions Communication with the family Triage <p>Activities</p> <ul style="list-style-type: none"> Reflect on presented scenario Knowledge questions Reflection of own practice Action planning 	<p>EOL 302</p>	<ol style="list-style-type: none"> Understand the effects of symptoms in relation to end of life care. Be able to manage symptoms of end of life care. 	<ol style="list-style-type: none"> Identify a range of conditions where you might provide end of life care. Identify common symptoms associated with end of life care. Explain how symptoms can cause an individual distress and discomfort. Evaluate the significance of the individual's own perception of their symptoms. Demonstrate a range of techniques to provide symptom relief. Describe own role in supporting therapeutic options used in symptom relief. Respond to an individual's culture and beliefs in managing their symptoms. Actively support the comfort and wellbeing in end of life care.

	<p>Evidence</p>	<p>EOL 307</p>	<p>4. Be able to integrate symptom management in the care management process.</p> <p>1. Understand common features of support during the last days of life.</p> <p>2. Understand the impact of the last days of life on the individual and others.</p> <p>3. Know how to support individuals and others during the last days of life.</p>	<p>2.5 Recognise symptoms that identify the last few days of life may be approaching.</p> <p>4.1 Explain how symptom management is an important part of the care planning process.</p> <p>4.2 Regularly monitor symptoms associated with end of life care.</p> <p>4.3 Report changes in symptoms according to policies and procedures in own work setting.</p> <p>4.4 Support the implementation of changes in the care plan.</p> <p>1.1 Describe the common signs of approaching death.</p> <p>1.2 Define the circumstances when life-prolonging treatment can be stopped or withheld.</p> <p>2.1 Describe the possible psychological aspects of the dying phase for the individual and others.</p> <p>2.2 Explain the impact of the last days of life on the relationships between individuals and others.</p> <p>2.3 Outline possible changing needs of the individual during the last days of life.</p> <p>3.1 Describe a range of ways to enhance an individual's wellbeing during the last days of life.</p> <p>3.2 Explain the importance of working in partnership with key people to support the individual's wellbeing during the last days of life.</p>
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Appendix Summary of GSF Clinical Skills programme/end of life core unit criteria mapping